
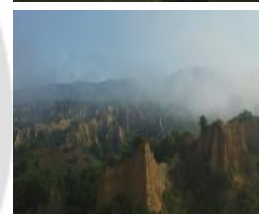


The Four Valleys of Arezzo

Directed by: Paolo Sodi
Produced by: SD Cinematografica
Duration: 26 Min.
Versions: 
Format: HD

The documentary explores the beauty and cultural richness of the valleys surrounding the city of Arezzo in Tuscany, Italy. The narrative begins at dawn, immersing itself in the autumnal atmosphere of the city, particularly the magnificent Piazza Grande, where the Antiques Fair takes place. Exhibitors showcase art objects, furniture, and furnishings representing the cultural heritage of the region. The journey continues to Casentino, one of the valleys where Molin di Bucchio stands, built around 1200. Here, Claudio Bucchi, a mason, has restored the old mill, opening it to the public in 2004. The documentary features interviews with Claudio, who shares his passion for restoration and tradition preservation. The story then moves to Cortona, a village in Valdichiana, where Saverio Misesti collects objects from various eras, defining them as expressions of strength and life. Saverio illustrates his deep connection to the region, reflecting on his life spent between Arezzo and Cortona. Through interviews with individuals like Adelaide Valentini, a young farmer, and Gualberto Guldani, who has a special connection to the Arno River, the documentary explores the lives and choices of those living in these valleys. Adelaide, for example, recounts her upbringing in Valtiberina and her return out of love for nature and the region. The theme of conservation and respect for nature emerges through the stories of those living in these valleys. Claudio and Carla, in Casentino, manage an Ecomuseum to preserve cultural heritage. Adelaide practices sustainable and nature-respecting agriculture. The documentary concludes by emphasizing the importance of these valleys, declared UNESCO Heritage, and the magic of their connection between humans and nature. The interviewees share their worldview, reflecting on how nature, history, and traditions have shaped their lives. The film provides an intimate look at people living in harmony with nature, preserving traditions, and valuing the cultural heritage of the valleys of Arezzo.



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